

INTERVIEW BY
JESSICA TIBBITS

up close: cate blanchett

The Oscar-winning ACTRESS on her favourite fragrances, fighting frizzy hair and the SECRETS behind that famous skin



NAIL IT

To get Cate's nude mani look, choose a pink-toned shade such as Max Factor's Glossfinity Nail Polish in Desert Sand, £5.99 (boots.com), which flatters any skin tone.

"I have three boys [Dashiell, 12, Roman, nine, and Ignatius, five], so my mornings are early, fast and furious, and I've had to get my beauty routine down to a few minutes. I'll put on serum, moisturiser and, because I live in Australia, I'll wear SPF 30 every day, even in the winter. If I haven't washed my hair - which is often - I'll use Philip Kingsley One More Day Dry Shampoo [£13.50, philipkingsley.co.uk], and invariably I'll end up applying cream blush and mascara in the car.

"I don't have time to get regular manis and pedis. Whenever I'm at a photoshoot, it's terrible - the manicurist will always give me a look of horror, as if to say, 'When did you last have a pedicure?!'

"I really enjoy exercise but it's difficult to establish a routine. When I do get time, it'll be a run on the treadmill and I'll turn on Radio National - the Australian equivalent of Radio 4 - to catch up on the news. I also discovered Pilates after I injured myself on stage and I worked with an amazing ex-dancer in Notting Hill - it's a wonderful way to exercise." >



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