

INTERVIEW BY
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TRUE COLOUR

"I love to show off my personality through a lip colour or nail polish."

Lip Perfection Lipstick in Embrace, £6.50, CoverGirl (amazon.co.uk)



You're a real colour chameleon when it comes to hair and make-up. What look's next for you?

There's a LOT of colour in my shows. I have so much fun with it. I'm going to be 30 at the end of this year, but I still feel like a 13-year-old. Right now, I'm really obsessed with the Versace early-Nineties soft-grunge look, but I don't think there should be any rules when it comes to colour.

We couldn't agree more. Talking of your shows, what is it that makes you feel confident on stage?

Make-up – a lot of it! And with my clothes I like to strike the balance between sexy and empowered. I like to highlight one asset – today that would be my legs because I've been working on them for eight weeks! – rather than letting it all hang out. It's nice to leave a little to the imagination.

Wow, it sounds like you work out a lot.

When I'm on tour, the exercise routine is vigorous. I'll work out every day, and if I don't have time for a full hour of exercise, I'll run on the treadmill for 30 minutes. I actually love having that uninterrupted time to listen to new music or my favourite albums, and it feels great to get the blood circulating, too.

How else does your job influence your beauty regime?

I spend a lot of time in the steam room. Steaming is really important for my voice, and the added benefit is that it's wonderful for my skin. And the great thing is, if you can't get to a spa, you can do it yourself at home with a bowl of hot water.

So what are your future beauty plans?

I've always wanted to venture into nails, but I haven't got there just yet... Watch this space!

up close: katy perry

The flamboyant pop PRINCESS on EMBRACING colour, Nineties grunge, and why sleepovers aren't OK