

10 WAYS TO EVERYDAY GLAMOUR

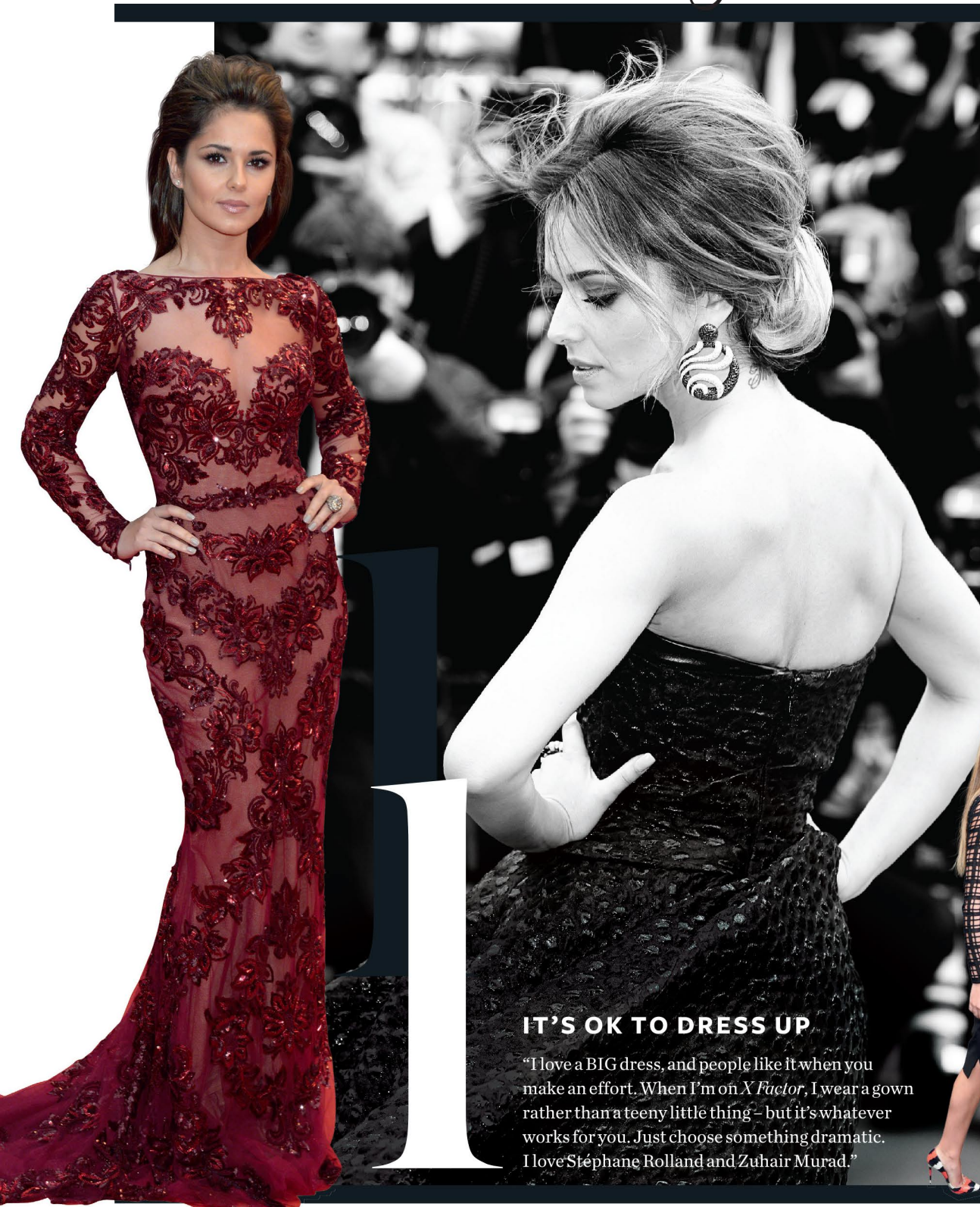
The famous-for-being-gorgeous *X Factor* judge is back, back, back. Here she shares her beauty notes with Jessica Tibbits

by Cheryl Cole

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FACIALS MAKE A BIG DIFFERENCE

“A facial always makes you feel fabulous, but my advice is to book it for the day before an event – you’ll have longer to rescue the situation if you react badly to a product. It’s also important to go to a therapist you know and trust. I have a friend who gives me the best facials. I see her when I’m in the UK, and I’ll take her abroad with me, too, when I can.”



IT'S OK TO DRESS UP

“I love a BIG dress, and people like it when you make an effort. When I’m on *X Factor*, I wear a gown rather than a teeny little thing – but it’s whatever works for you. Just choose something dramatic. I love Stéphane Rolland and Zuhair Murad.”

