



## JUST FAKE IT

“To look good for a morning event, I’ll fake-tan the night before. It’s not something you can rush, so you have to make sure you leave enough time for application and drying before you go to bed. I use a spray, which is the least messy way to tan, and I’ll stand in the shower to do it. To prolong the tan as long as possible, make sure you moisturise your body daily – I love Crème de la Mer’s body cream.”

The Body Crème, *above*, £155, Crème de la Mer ([cremedelamer.co.uk](http://cremedelamer.co.uk)); Sublime Bronze Express Pro Spray for Medium Skin, *top*, £15.49, L’Oréal Paris (available nationwide)

PHOTOGRAPHS BY ALAMY; GETTY IMAGES; OLD IMAGE COLLECTION; PIXELEYES; PRESS ASSOCIATION; RETNA; REX FEATURES; CHERYL COLE IS THE FACE OF L’ORÉAL PARIS, THE OFFICIAL MAKE-UP PARTNER OF THE CANNES FILM FESTIVAL



## GIVE YOURSELF A BREAK

“Sometimes I’ll wear pyjamas, get some popcorn or order a pizza, and watch a box set like *Scandal* or *Game Of Thrones*. You’ve got to relax.”

## 8 WEAR COLOUR TO WORK

“If you want to make an impression, forget the usual rules, like ‘don’t wear pink with red’, and take risks. I wore an orange lipstick once and everyone I spoke to said, ‘Oh my god, where’s your lipstick from?’ It’s fun to play around – it gives you confidence. The one area I’d skip colour is nails. I wear nudes as they go with anything.”



Nail Lacquer in Sugar Daddy, £7.99, Essie ([boots.com](http://boots.com))

## DON’T FORGET YOUR EVERYDAY MUST-HAVES

“It’s all about feeling confident. Wear something that’s going to give you an extra boost, like your favourite lipstick. I love L’Oréal Paris’ Color Riche Collection Privée in Cheryl’s Nude Barely Greige [*below right*, £8.19, available nationwide]. And carry it with you for top-ups. When I’m going out, I always take three things with me: the lipstick or gloss I’m wearing, plus the eyeliner – usually dark brown or black – and blusher. To save space, I’ll put a bit on the end of a blusher brush, and pop the pre-loaded brush in my bag.”

True Match Blush in True Rose, *below*, £7.69, L’Oréal Paris (available nationwide); Natural Brush 18R Red, *bottom*, £42.50, Shu Uemura ([shuueamura.co.uk](http://shuueamura.co.uk))



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