

The drop-dead glam singer tells us why she'll never get the chop and the reason you'll find her in Boots



love experimenting with my hair - from a Brigitte Bardot updo to tousled waves. I've never had my hair cut short. That's what wigs are for! On my days off I keep it simple with a chic bun or a ponytail - I'll apply Herbal Essences Tousle Me Softly Finishing Touch Cream through the ends for a nice textured finish.

"I keep my skincare routine simple: I cleanse, tone with Murad toner and moisturise with La Prairie or SK-II.

"When I'm in training for a tour or a video, I'll have dance rehearsals for eight hours every day, and I'll run, cycle or do spinning and yoga. Music is the key to making exercise more fun, so I make playlists to work out to. Right now I'm loving Kanye West's 'Mercy', Ne-Yo's 'Let Me Love You' and David Guetta's 'Titanium'. I usually work out in the morning as it energises me for the day, but if I exercise at night, I'll have a bath with a relaxing essential oil after to unwind, and I'll light a candle - I love Votivo's Red Currant scent [£28, votivo.co.uk]." ⊳