

the spritz

When facialist to the stars Georgia Louise isn't being flown around the world to tend to the skincare needs of clients like Emma Stone, she's in the kitchen mixing products for her eponymous skincare range using the highest-quality oils and natural extracts. We love the Hydrating Rose Water facial spritz, with rose otto, aloe vera, neroli and patchouli oil. An instant pick-me-up for tired, thirsty skin, it's a handbag essential. *Hydrating Rose Water, £48, Georgia Louise (georgialouise.co.uk)*

the face oil

Founded by Brit sisters Rebecca and Clare Hopkins, Balance Me has gone from kitchen-table start-up to award-winning international brand in just seven years, picking up fans like Claudia Schiffer along the way. We're in love with its Radiance Face Oil – a blend of eight oils, including sweet almond, jojoba, camellia and grape seed. Apply three drops at night and wake up to glowing skin. *Radiance Face Oil, £15, Balance Me (balanceme.co.uk)*

the moisturiser

Claire Vero set out to create a skincare line that was science-based, chemical-free and affordable. Three years later she's proved it's possible with Aurelia's concise range of five products. Effective and a pleasure to use, they're free from nasties like parabens, mineral oils and sulphates. We rate the Cell Revitalise Night Moisturiser for its rich texture and heavenly neroli and lavender scent. *Cell Revitalise Night Moisturiser, £42, Aurelia Probiotic Skincare (aureliaskincare.com)*

the lip treatment

New Zealand brand Manuka Doctor has been making waves in the UK since its launch in 2012. Enriched with anti-inflammatory, antibacterial, purified bee venom and moisturising manuka

honey, these products are super-soothing, and particularly good for spot-prone skin. The purse-friendly ApiNourish Lip Ease Balm sorts out chapped lips in an instant. *ApiNourish Lip Ease Balm, £3.49, Manuka Doctor (manukadoctor.co.uk)*

the serum

Proving serums don't have to be packed with chemicals to achieve serious anti-ageing results, Elemental Herbology's Cell Food has been a hit with industry insiders and celebs, including Gwyneth Paltrow and Rose Byrne, since it launched in 2008. Powerful antioxidants, including green tea and co-enzyme Q10, protect the skin, while aloe and rose damask water soothe and soften. Apply twice daily for a brighter, fresher

complexion in little more than a week. *Cell Food, £42, Elemental Herbology (elementalherbology.com)*

the body oil

Argan oil is a bit last season. The new buzz in skincare is marula oil, from the kernels of African marula fruit. Packed with antioxidants, minerals and essential fatty acids, it's been used for centuries as a healing oil in South Africa. African Botanics has bottled its power in a range of skin-nourishing face and body products. The Firming Body Oil smooths lumps and bumps, and helps combat stretch marks. As it's a dry oil blend, it leaves no sticky residue or marks on your clothing. Bonus. *Marula Firming Botanical Body Oil, £52, African Botanics (spacenk.co.uk)*



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natural selection

Ditch the chemicals and look to modern APOTHECARIES for inspiration. Here's our pick of BOTANICAL skincare staples