



Grand Bal False Lashes in 002 Gold Crystals, £19, Dior (020 7216 0216)

# Treat yourself

Whether you've got ten minutes or two hours to prep, here are the tips and SERVICES you need to look party fab...

Renew Rose Massage and Body Oil, £38, Aromatherapy Associates (aromatherapyassociates.com)



## No time

ONLY HAVE MINUTES TO SPARE? HERE ARE THREE UPDATES THAT'LL INSTANTLY ADD SPARKLE:

### GRAND BAL FALSE LASHES IN 002 GOLD CRYSTALS BY DIOR

The chicest strip lashes (1) we've ever seen, these will add serious "wow" factor to your party outfit. Keep the rest of your make-up pared-down to let these lashes take centre stage.

### PAINTED LADY TALONS BY UMBERTO GIANNINI

Nail wraps are nothing new, but Umberto Giannini has just taken them to a new level of fabulousness with these 3-D textured versions with a gothic twist (3). Our favourites are the studs on black, the black print on grey and the silver crystal wraps, all left.

### NATURAL OMBRE EXTENSIONS BY HOT HAIR

The ombre hair trend is still huge – just look at Jessica Biel and Rachel Bilson. For a dip-dye effect *without* the commitment, try Hot Hair's clip-in extensions, £49 (020 7403 4422). They're so subtle and natural-looking, it will look like you've spent hours in the salon. Plus, an added bonus: you can style them with your regular heat tools, as you would your own hair.

## Quick fix

PREPARED TO SKIP YOUR FOOD FOR A LITTLE PRE-PARTY PAMPERING? BOOK ONE OF THESE SUPER-SPEEDY BUT SERIOUSLY EFFECTIVE TREATMENTS:

### HYDRACLEAN FACIAL BY GUINOT (30 MINUTES)

For a shot of pre-party radiance try Guinot's Hydraclean Facial, £25 (0800 590 094). A deep cleanse is followed by a massage to help drain fluid and boost circulation to the face.

### EYE MASSAGE MASK BY THALGO (30 MINUTES)

This revolutionary treatment, £70 (020 7512 0872), will revive tired eyes. Simply pop on the mask (a bit like ski goggles) – its hands-free massage movements will reduce puffiness and diminish dark circles.

### PARTY MASTERCLASS BY CHARLES WORTHINGTON (60 MINUTES)

This class, from £47 (020 7831 5303), is much more than a blow-dry. Take your fave hair accessories with you and the stylist will teach you how to wear them in ways to suit you, so you can recreate the looks at home, using products like CW's Shine spray (2), all by yourself.

## Spilt for time

YOU'VE ACTUALLY SCHEDULED TIME TO GET READY – REWARD YOURSELF WITH ONE OF THESE INDULGENT TREATS:

### LITTLE BLACK DRESS TREATMENT BY AROMATHERAPY ASSOCIATES

Designed to perfect the skin you'll have on show, this one-hour treatment, £120 (020 7838 1117), using the brand's quality oils (4), includes a deep back cleanse, exfoliating scrub, face mask and full moisturisation that will leave skin soft and dewy.

### DAY TO NIGHT COLOUR BY JO HANSFORD

We adore colour genius Jo Hansford's new service, from £100 (020 7495 7774). Your hair is parted the opposite side to where you usually wear it and colour is added in. By day, wear hair in your normal parting and the colour will be barely visible – just a few flashes at the ends. Come party time, flick it to the new parting and it'll look as if you've had a full head of colour. Channel your inner Katy Perry with fun shades like pink, or play with warm caramel and chocolate hues. □



Shine Salon Finish Max Hold Hairspray, £5.19, Charles Worthington (boots.com)



Painted Lady Talons, £8.50 for ten, Umberto Giannini (boots.com)



LEARN HAIR TRICKS AT CHARLES WORTHINGTON



GET A COLOUR TREATMENT AT JO HANSFORD

